

Monday

Tuesday

Wednesday

Thursday

Friday



October

Macaroni & Cheese
Tossed Salad
Celery Sticks
Diced Pears
Milk or Water

1

Chicken Ranch Flatbread
Whole Grain Rice
Carrot Sticks
Orange Wedges
Milk or Water

2

Chicken Burger
Caesar Salad
Sliced Cucumbers
Mandarin Oranges
Milk or Water

5

Sweet & Sour Meatballs
Whole Grain Chinese Rice
Turnip Sticks
Fruit Salad
Milk or Water

6

BBQ Chicken Flatbread
Fiesta Pasta Salad
Carrot Sticks
Pineapple Tidbits
Milk or Water

7

Lasagna Bake
Garlic Naan Bread
Tossed Salad
Peach Quarters
Milk or Water

8

Chicken Quesadilla
Mediterranean Orzo
Corn
Diced Pears
Milk or Water

9



12

Chicken Penne Alfredo
Focaccia Bread Stick
Mixed Veggies
Tropical Fruit Salad
Milk or Water

13

Beef Taco
Whole Grain Mexican Rice
Celery Sticks
Mandarin Oranges
Milk or Water

14

White Cheddar Mac & Cheese
Tossed Salad
Carrot Sticks
Watermelon
Milk or Water

15

Three Cheese Pizza
Creamy Pasta Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

16

Chicken Ranch Flatbread
Mediterranean Orzo
Celery Sticks
Pineapple Tidbits
Milk or Water

19

Chicken Fajita
Whole Grain Rice
Turnip Sticks
Apple Sauce
Milk or Water

20

Pasta & Marinara
Meatballs
Caesar Salad
Fruit Salad
Milk or Water

21

Waffles
Chicken Sausage
Yogurt Covered Raisins
Orange Wedges
Milk or Water

22

Lasagna Bake
Garlic Naan Bread
Garden Salad
Diced Pears
Milk or Water

23

Honey Garlic Meatballs
Whole Grain Chinese Rice
Sliced Cucumbers
Mandarin Oranges
Milk or Water

26

Chili
Corn Tortilla Crisps
Corn
Watermelon
Milk or Water

27

Chicken Burger
Tossed Salad
Celery Sticks
Peach Quarters
Milk or Water

28

Macaroni & Cheese
Focaccia Bread Stick
Caesar Salad
Tropical Fruit Salad
Milk or Water

29

Beef Taco
Fiesta Pasta Salad
Carrot Coins
Pineapple Tidbits
Milk or Water

30

Receive November Menu

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Bishop Abraham October 2020