

Monday

Tuesday

Wednesday

Thursday

Friday



October 2021

Anthony Paddon

October

Chicken Penne Alfredo  
Focaccia Bread Stick  
Caesar Salad  
Fruit Salad  
Milk or Water

1

Macaroni & Cheese  
Tossed Salad  
Carrot Coins  
Mandarin Oranges  
Milk or Water

4

Sweet & Sour Meatballs  
Whole Grain Chinese Rice  
Celery Sticks  
Diced Pears  
Milk or Water

5

Cheese Pizza  
Fiesta Pasta Salad  
Carrot Sticks  
Pineapple Tidbits  
Milk or Water

6

Chicken Quesadilla  
Roasted Herb Potatoes  
Corn  
Fruit Salad  
Milk or Water

7

Lasagna Bake  
Garlic Naan Bread  
Sliced Cucumbers  
Peach Quarters  
Milk or Water

8



Chicken Penne Alfredo  
Focaccia Bread Stick  
Mixed Veggies  
Tropical Fruit Salad  
Milk or Water

12

Beef Taco  
Whole Grain Mexican Rice  
Celery Sticks  
Mandarin Oranges  
Milk or Water

13

White Cheddar Mac & Cheese  
Garlic Naan Bread  
Carrot Coins  
Peach Quarters  
Milk or Water

14

Cheese Pizza  
Caesar Salad  
Sliced Cucumbers  
Cantaloupe  
Milk or Water

15

Beef Burger  
Lettuce & Tomato  
Celery Sticks  
Pineapple Tidbits  
Milk or Water

18

Chicken Fajita  
Whole Grain Rice  
Sliced Cucumbers  
Apple Sauce  
Milk or Water

19

Waffles  
Breakfast Turkey Patty  
Raisins  
Orange Wedges  
Milk or Water

20

Goulash  
Garlic Naan Bread  
Carrot Sticks  
Diced Pears  
Milk or Water

21

Meatball Sub  
Caesar Salad  
Corn  
Fruit Salad  
Milk or Water

22

Cheese Pizza  
Caesar Salad  
Sliced Cucumbers  
Peach Quarters  
Milk or Water

25

Honey Garlic Meatballs  
Whole Grain Chinese Rice  
Celery Sticks  
Honeydew Melon  
Milk or Water

26

Beef Burger  
Creamy Pasta Salad  
Carrot Coins  
Mandarin Oranges  
Milk or Water

27

Beef Taco  
Roasted Herb Potatoes  
Corn  
Pineapple Tidbits  
Milk or Water

28

Macaroni & Cheese  
Focaccia Bread Stick  
Tossed Salad  
Tropical Fruit Salad  
Milk or Water

29