

Monday

Tuesday

Wednesday

Thursday

Friday



October

Macaroni & Cheese
Garlic Naan Bread
Sliced Cucumber
Peach Quarters
Milk or Water

1

Chicken Penne Alfredo
Focaccia Bread Stick
Garden Salad
Mandarin Oranges
Milk or Water

4

Sweet & Sour Meatballs
Whole Grain Chinese Rice
Celery Sticks
Pineapple Tidbits
Milk or Water

5

Chicken Caesar Wrap
Roasted Herb Potatoes
Carrot Sticks
Orange Wedges
Milk or Water

6

Lasagna Bake
Garlic Naan Bread
Carrot Coins
Peach Quarters
Milk or Water

7

Chicken Quesadilla
Mediterranean Orzo
Corn
Honeydew Melon
Milk or Water

8



Chicken Penne Alfredo
Focaccia Bread Stick
Mixed Veggies
Tropical Fruit Salad
Milk or Water

12

Beef Taco
Whole Grain Mexican Rice
Celery Sticks
Mandarin Oranges
Milk or Water

13

White Cheddar Mac & Cheese
Tossed Salad
Carrot Sticks
Watermelon
Milk or Water

14

Cheese Pizza
Creamy Pasta Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

15

Chicken Caesar Wrap
Fiesta Pasta Salad
Corn
Cantaloupe
Milk or Water

18

Chicken Ranch Flat bread
Roasted Herb Potatoes
Carrot Sticks
Orange Wedges
Milk or Water

19

Lasagna Bake
Garlic Naan Bread
Mixed Veggies
Diced Pears
Milk or Water

20

Chicken Fajita
Whole Grain Rice
Celery Sticks
Mandarin Oranges
Milk or Water

21

Meatball Sub
Caesar Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

22

Honey Garlic Meatballs
Whole Grain Chinese Rice
Celery Sticks
Mandarin Oranges
Milk or Water

25

Chicken Quesadilla
Mediterranean Orzo
Corn
Watermelon
Milk or Water

26

Beef Burger
Tossed Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

27

Macaroni & Cheese
Focaccia Bread Stick
Caesar Salad
Tropical Fruit Salad
Milk or Water

28

Beef Taco
Fiesta Pasta Salad
Carrot Coins
Pineapple Tidbits
Milk or Water

29

October 2021

Bishop Feild