

Monday



Pancakes
Lite Syrup
Breakfast Turkey Patty
Orange Wedges
Milk or Water

2

Tuesday



Lasagna Bake
Garlic Naan Bread
Carrot Coins
Fruit Salad
Milk or Water

3

Wednesday



Honey Garlic Meatballs
Whole Grain Rice
Celery Sticks
Pineapple Tidbits
Milk or Water

4

Thursday



Chicken Fajita
Creamy Pasta Salad
Carrot Sticks
Watermelon
Milk or Water

5

Friday



Cheese Pizza
Caesar Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

6

Beef Burger
Fiesta Pasta Salad
Carrot Sticks
Diced Pears
Milk or Water

9

Goulash
Garlic Naan Bread
Mixed Veggies
Cantaloupe
Milk or Water

10

Waffles
Lite Syrup
Breakfast Turkey Patty
Mandarin Oranges
Milk or Water

11

Chicken Caesar Wrap
Roasted Herb Potatoes
Corn
Peach Quarters
Milk or Water

12

Grilled Cheese Sandwich
Mediterranean Orzo
Sliced Cucumbers
Fruit Salad
Milk or Water

13

Beef Burger
Creamy Pasta Salad
Carrot Sticks
Mandarin Oranges
Milk or Water

16

Sweet & Sour Meatballs
Whole Grain Rice
Celery Sticks
Pineapple Tidbits
Milk or Water

17

Pancakes
Lite Syrup
Breakfast Turkey Patty
Orange Wedges
Milk or Water

18

Chicken Penne Alfredo
Garlic Naan Bread
Garden Salad
Diced Pears
Milk or Water

19

Cheese Pizza
Caesar Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

20



Beef Burger
Creamy Pasta Salad
Carrot Sticks
Diced Pears
Milk or Water

23

Macaroni & Cheese
Garlic Naan Bread
Carrot Coins
Diced Pears
Milk or Water

24

Waffles
Lite Syrup
Breakfast Turkey Patty
Mandarin Oranges
Milk or Water

25

Beef Taco
Whole Grain Mexican Rice
Tossed Salad
Honeydew Melon
Milk or Water

26

Grilled Cheese Sandwich
Mediterranean Orzo
Corn
Fruit Salad
Milk or Water

27

Honey Garlic Meatballs
Whole Grain Rice
Celery Sticks
Pineapple Tidbits
Milk or Water

31

We need your support...

We ask **\$3.75** per meal, and believe this is a great value for the meals we serve.

We are asking each family to contribute this amount, if possible.

709-754-5323

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