

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Penne Alfredo
Garlic Naan Bread
Mixed Veggies
Diced Pears
Milk or Water

2

Chicken Quesadilla
Whole Grain Rice
Carrot Sticks
Tropical Fruit Salad
Milk or Water

3

Cheese Pizza
Caesar Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

4

Goulash
Garden Salad
Celery Sticks
Cantaloupe
Milk or Water

5

Chicken Ranch Flatbread
Fiesta Pasta Salad
Corn
Orange Wedges
Milk or Water

6

Beef Burger
Creamy Pasta Salad
Carrot Coins
Fruit Salad
Milk or Water

9

Honey Garlic Meatballs
Whole Grain Rice
Celery Sticks
Pineapple Tidbits
Milk or Water

10

Macaroni & Cheese
Tossed Salad
Mixed Veggies
Mandarin Oranges
Milk or Water

11

Lasagna Bake
Garlic Naan Bread
Carrot Sticks
Honeydew Melon
Milk or Water

12

Cheese Pizza
Caesar Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

13



16

Macaroni & Cheese
Garlic Naan Bread
Tossed Salad
Diced Pears
Milk or Water

17

Meatball Sub
Mediterranean Orzo
Corn
Orange Wedges
Milk or Water

18

Chicken Fajita
Whole Grain Rice
Carrot Sticks
Peach Quarters
Milk or Water

19

Cheese Pizza
Caesar Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

20



23

Sweet & Sour Meatballs
Whole Grain Rice
Celery Sticks
Tropical Fruit Salad
Milk or Water

24

Chicken Ranch Flatbread
Creamy Pasta Salad
Carrot Coins
Mandarin Oranges
Milk or Water

25

Cheese Pizza
Garden Salad
Sliced Cucumbers
Peach Quarters
Milk or Water

26

Chicken Caesar Wrap
Roasted Herb Potatoes
Corn
Watermelon
Milk or Water

27

Honey Garlic Meatballs
Whole Grain Rice
Carrot Sticks
Pineapple Tidbits
Milk or Water

30

Beef Burger
Creamy Pasta Salad
Mixed Veggies
Fruit Salad
Milk or Water

31

We need your support...
We ask **\$3.75** per meal, and believe this is a great value for the meals we serve.
We are asking each family to contribute this amount, if possible.

709-754-5323
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