

Monday

Tuesday

Wednesday

Thursday

Friday



1
Pancakes
Lite Syrup
Breakfast Turkey Patty
Orange Wedges
Milk or Water

2
Goulash
Garlic Naan Bread
Mixed Veggies
Cantaloupe
Milk or Water

3
Chicken Caesar Wrap
Roasted Herb Potatoes
Corn
Peach Quarters
Milk or Water

6
Macaroni & Cheese
Garlic Naan Bread
Carrot Sticks
Diced Pears
Milk or Water

7
Chicken Quesadilla
Whole Grain Rice
Celery Sticks
Honeydew Melon
Milk or Water

8
Grilled Cheese Sandwich
Caesar Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

9
Lasagna Bake
Garden Salad
Carrot Coins
Fruit Salad
Milk or Water

10
Waffles
Lite Syrup
Breakfast Turkey Patty
Mandarin Oranges
Milk or Water

13
Cheese Pizza
Mediterranean Orzo
Sliced Cucumbers
Peach Quarters
Milk or Water

14
Honey Garlic Meatballs
Whole Grain Rice
Carrot Sticks
Watermelon
Milk or Water

15
Chicken Fajita
Creamy Pasta Salad
Corn
Tropical Fruit Salad
Milk or Water

16
Pancakes
Lite Syrup
Breakfast Turkey Patty
Orange Wedges
Milk or Water

17
Chicken Penne Alfredo
Garlic Naan Bread
Mixed Veggies
Diced Pears
Milk or Water



Thank
you!

FOR YOUR SUPPORT this 2021- 2022 school year