

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Fajita
Whole Grain Rice
Celery Sticks
Peach Quarters
Milk or Water

1

Beef Burger
Creamy Pasta Salad
Carrot Sticks
Fruit Salad
Milk or Water

2

Cheese Pizza
Tossed Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

3

Pancakes
Lite Syrup
Breakfast Turkey Patty
Peach Quarters
Milk or Water

6

Beef Taco
Fiesta Pasta Salad
Carrot Sticks
Orange Wedges
Milk or Water

7

Cheese Pizza
Mediterranean Orzo
Corn
Mandarin Oranges
Milk or Water

8

Sweet & Sour Meatballs
Whole Grain Rice
Celery Sticks
Tropical Fruit Salad
Milk or Water

9

Macaroni & Cheese
Caesar Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

10

Chicken Penne Alfredo
Garlic Naan Bread
Mixed Veggies
Fruit Salad
Milk or Water

13

Waffles
Lite Syrup
Breakfast Turkey Patty
Mandarin Oranges
Milk or Water

14

Chicken Quesadilla
Whole Grain Rice
Corn
Diced Pears
Milk or Water

15

Meatball Sub
Creamy Pasta Salad
Carrot Sticks
Pineapple Tidbits
Milk or Water

16

Cheese Burger
Garden Salad
Carrot Coins
Tropical Fruit Salad
Milk or Water

17

Pancakes
Lite Syrup
Breakfast Turkey Patty
Peach Quarters
Milk or Water

20

Goulash
Garlic Naan Bread
Carrot Sticks
Orange Wedges
Milk or Water

21

Chicken Fajita
Whole Grain Rice
Celery Sticks
Diced Pears
Milk or Water

22

Grilled Cheese Sandwich
Creamy Pasta Salad
Carrot Coins
Fruit Salad
Milk or Water

23

Cheese Pizza
Caesar Salad
Sliced Cucumbers
Pineapple Tidbits
Milk or Water

24

Honey Garlic Meatballs
Whole Grain Rice
Celery Sticks
Orange Wedges
Milk or Water

27

Lasagna Bake
Garlic Naan Bread
Mixed Veggies
Diced Pears
Milk or Water

28

We need your support...

We ask **\$4.00** per meal, and believe this is a great value for the meals we serve.
We are asking each family to contribute this amount, if possible.

709-754-5323

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